

Klasse	Verein	Name	Platz	Herdecker Lauf	Kirchender Lauf	Nikolauslauf	Gesamtzeit
M 20	Hobbyjogger.de Dortmund	Tillmann Goltsch	1	00:37:09	00:35:46	00:33:33	1:46:28
M 20	SF Funkenhausen	Daniel Arnold	2	00:38:39	00:38:59	00:36:09	1:53:47
M 20	RV Witten	Tim Weißbach	3	00:39:23	00:39:11	00:40:33	1:59:07
M 20	Herdecke	Matthias Sandmann	4	00:47:01	00:45:41	00:43:49	2:16:31
M 20	Hagen	Adrian Rewig	5	00:48:03	00:45:40	00:43:10	2:16:53
M 20	Hagen	Timo Klein	6	00:55:46	00:55:50	00:53:01	2:44:37
M 20	Team Berge 1980	Rthem Oduncu	-	00:46:19	00:47:44		-
M 20	Team Berge 1980	Michael Maleschka	-	00:41:54	00:41:24		-
M 20	TWAIN	Sierpinski, Markus	-	01:01:22			-
M 30	TUS Heven Fußball	Ljubisa Mitrovic	1	00:40:10	00:38:20	00:38:32	1:57:02
M 30	Herdecke	Ralf Fisch	-	00:51:40	00:51:26		-
M 30	Hagen	Pinto,Eduardo	-	01:00:51			-
M 35	RSC Tretlager Wetter	Rainer König	1	00:37:21	00:36:22	00:34:17	1:48:00
M 35	Triatlon Team Witten	Bernd Fahrenson	2	00:38:30	00:37:18	00:35:34	1:51:22
M 35	BSG JVA TAXI HAGEN	Karsten Eickelmann	3	00:42:36	00:41:00	00:38:37	2:02:13
M 35	Witten	Dirk Witte	4	00:43:14	00:41:17	00:39:26	2:03:57
M 35	Roadrunner Stadtanzeiger	Stephan Faber	5	00:47:51	00:41:07	00:41:19	2:10:17
M 35	Herdecke	David Nitescu	6	00:48:42	00:54:40	00:42:17	2:25:39
M 35	Hagen	Heiko Feyler	7	00:54:44	00:50:52	00:44:42	2:30:18
M 35	Hagen	Jochen Friedrich	8	00:51:11	00:51:04	00:48:58	2:31:13
M 35	Laufftreff Emst	Martin Reinhold Kriwett	9	00:51:52	00:52:16	00:47:39	2:31:47
M 35	TSV 1863 Herdecke	Marcus Dick-Cortmann	-	00:39:30	00:38:01		-
M 35	Chaos Team	Karsten Sprave	-	01:00:20	00:59:25		-
M 35	Tenne Running Team	Müller, Andre	-	00:35:26			-
M 35		Hoffmann, Christoph	-	00:42:11			-
M 35	Nissan Red Runners	Gralka,Robert	-	00:44:18			-
M 35	Gem,-Krankenhaus Herdecke	Mayr, Sven	-	00:45:57			-
M 35	TWAIN	Schmitz, Markus	-	00:50:57			-
M 40	TGH Wetter	Dominik Asmuth	1	00:38:22	00:36:09	00:35:07	1:49:38
M 40	TuS Ende	Claudio Maggiorelli	2	00:40:05	00:37:47	00:36:15	1:54:07
M 40	TSG Herdecke Ringer	Michael Kern	3	00:45:36	00:43:16	00:39:52	2:08:44
M 40	LG Iserlohn	Thomas Schadwill	4	00:45:30	00:44:03	00:41:40	2:11:13
M 40	Wetter	Uwe van der Horst	5	00:48:19	00:46:04	00:43:39	2:18:02
M 40	TSV 1863 Herdecke	Jörg Ahlert-de Grat	6	00:48:25	00:47:41	00:43:02	2:19:08

Klasse	Verein	Name	Platz	Herdecker Lauf	Kirchender Lauf	Nikolauslauf	Gesamtzeit
M 40	Witten-Stockum	Dirk Engemann	7	00:51:14	00:49:51	00:46:50	2:27:55
M 40	Chaos Team	Jörg Koch	-	00:56:51	00:52:33		-
M 40	TSV Kabel 1882	Sonnenberg, Harry	-	00:36:37			-
M 40	TSV 1863 Herdecke	Korge, Christian	-	00:43:13			-
M 40	USC Bochum	Lebermann, Malte	-	00:44:00			-
M 40	Hagen	Förster, Torsten	-	00:45:24			-
M 40	LT Hengsteysee	Nöthe, Jürgen	-	00:47:40			-
M 40	Kühle Dose	Kramps, Gerhard	-	01:00:50			-
M 40	Nissan Red Runners	Tropschug, Knut	-	01:01:09			-
M 40	Kühle Dose	Kreff, Markus	-	01:04:09			-
M 40	Herdecke	Zimmermann, Stefan	-	01:04:57			-
M 45	LT Bittermark Dortmund	Thomas Splieth	1	00:38:54	00:38:18	00:36:03	1:53:15
M 45	Georg Müller Schule Wetter	Manfred Czerlinski	2	00:41:04	00:39:45	00:38:09	1:58:58
M 45	TGH Wetter	Reiner Chrobok	3	00:42:28	00:40:34	00:38:19	2:01:21
M 45	Wetter	Thomas Killian	4	00:46:15	00:45:31	00:44:11	2:15:57
M 45	DJK Preussen 1911 Bochum	Falko Scheitza	5	00:48:47	00:45:25	00:42:57	2:17:09
M 45	Herdecke	Jürgen Overhoff	6	00:50:13	00:51:17	00:50:44	2:32:14
M 45	LT Emst	Klaus Bock	7	00:53:09	00:51:23	00:49:18	2:33:50
M 45	STC Volmarstein	Hans-Jörg Reding	8	01:00:52	00:56:24	00:55:54	2:53:10
M 45	SC Concordia Hagen	Stuhldreier, Joerg	-	00:37:53			-
M 45	LT Bittermark Dortmund	Ermler, Ralf	-	00:40:52			-
M 45	Dortmund	Dr. Ruthardt, Klaus	-	00:55:45			-
M 45	TuS Essen	Lückhardt, Reinhold	-	00:59:18			-
M 50	TGH Wetter	Stefan Vorberg	1	00:43:14	00:42:30	00:40:15	2:05:59
M 50	TGH Wetter	Claus Scheschonka	2	00:45:04	00:44:08	00:41:41	2:10:53
M 50	TGH Wetter	Norbert Jäckel	3	00:45:08	00:44:35	00:41:45	2:11:28
M 50	FC Herdecke-Ende	Wolfgang Schmidt	4	00:48:43	00:46:26	00:44:23	2:19:32
M 50	Funteam Tinum 05	Peter Will	5	00:55:24	00:52:28	00:53:52	2:41:44
M 50	Chaos Team	Michael Richter	-	00:45:17	00:44:23		-
M 50	LC Rapid Dortmund	Wolf-Edgar Schreifels	-	00:44:23	00:45:02		-
M 50	Herdecke	Dr. Richter, Jürgen	-	00:47:52			-
M 55	TGH Wetter	Achim Fiolka	1	00:43:22	00:41:26	00:38:34	2:03:22
M 55	TSV 1863 Herdecke	Jörg-Peter Zöllner	2	00:44:57	00:42:43	00:42:08	2:09:48
M 55	Sportpark Bechelte	Manfred Horn	3	00:48:24	00:47:45	00:45:10	2:21:19

Klasse	Verein	Name	Platz	Herdecker Lauf	Kirchender Lauf	Nikolauslauf	Gesamtzeit
M 55	Herdecke	Dietmar Domnik	4	00:49:36	00:47:54	00:46:21	2:23:51
M 55	Hagen	Matthias Lindenlaub	5	00:52:01	00:48:46	00:48:17	2:29:04
M 55	Herdecke	Rohde, Hans-Ulrich	-	01:06:13			-
M 60	PV-Triathlon Witten	Lothar Niemann	1	00:49:17	00:46:49	00:44:18	2:20:24
M 60	Lauftreff Ende	Manfred Streckert	2	00:48:47	00:47:11	00:45:57	2:21:55
M 60	Stadtverwaltung Dortmund	Heinz-Adolf Flamme	3	00:49:50	00:48:30	00:47:54	2:26:14
M 60	Stadtverwaltung Herdecke	Balzert, Albert	-	00:49:15			-
M 60	Gevelsberg	Sewelies, Peter	-	00:49:34			-
M 60	LG Halver-Schalksmühle	Engelbrecht, Peter	-	00:52:00			-
M 60	PV-Troathlon Witten	Lutter, Wilhelm	-	00:58:50			-
M 65	LT Hagen-Emst	Fred Figge	1	00:49:31	00:48:17	00:43:26	2:21:14
M 65	TuS Breckerfeld	Lothar Bullert	2	00:54:36	00:52:58	00:51:44	2:39:18
M 65	TuS Breckerfeld	Hans Jürgen Ackermann	3	00:57:29	00:53:40	00:51:21	2:42:30
M 65	Hagen	Klaus Rainer Huwald	4	00:59:09	00:56:30	00:54:36	2:50:15
M 65	Düsseldorf	Trantow, Harald	-	01:04:15			-
M 70	LC Wuppertal	Harald Sohnius	1	00:56:09	00:53:43	00:51:28	2:41:20
M 70	SUN Witten	Walter Bönigk	2	00:56:46	00:52:26	00:53:33	2:42:45
M 70	Ski-Club Hattingen	Heinz Vollrodt	3	00:57:27	00:54:46	00:51:39	2:43:52
M 70	Lauf Team Unna	Hubert Janowski	4	01:00:02	00:55:41	00:52:57	2:48:40
M 75	LC Wuppertal	Werner Beecker	1	00:47:51	00:44:38	00:42:51	2:15:20
M JA	TV Wattenscheid	Thomas Wöhler	1	00:37:16	00:36:01	00:33:55	1:47:12
M JA	TSV 1863 Herdecke	Oliver Andre Boshoff	2	00:43:03	00:41:44	00:39:45	2:04:32
M JA	TSV 1863 Herdecke	Phillipp Krokowski	3	00:46:10	00:43:28	00:41:30	2:11:08
M JB	TV Wattenscheid 01	Philipp Biermann	1	00:39:43	00:37:24	00:34:23	1:51:30
M JB	TuS Ende	Maximilian Mensing	2	00:39:36	00:38:11	00:35:32	1:53:19
M JB	TSV 1863 Herdecke	Wilhelm Schmitz	3	00:48:18	00:47:34	00:40:28	2:16:20

Klasse	Verein	Name	Platz	Herdecker Lauf	Kirchender Lauf	Nikolauslauf	Gesamtzeit
W 20	Turbo Schnecken Lüdenscheid	Frank Pettig	1	00:56:23	00:52:37	00:50:49	2:39:49
W 20	TUS Ende	Janina Meiser	-	00:59:44	00:54:15		-
W 30	ttw	Kerstin Buhlmann	1	01:08:00	01:01:17	00:57:03	3:06:20
W 35	Herdecke	Ines Gebel	1	00:54:18	00:53:50	00:50:54	2:39:02
W 35	TuS Breckerfeld	Andrea Jakob	2	01:02:26	01:00:40	00:57:27	3:00:33
W 35	tiw	Kühn, Claudia	-	01:08:00			-
W 40	Zweirad-Center Rittershaus	Andrea Rittershaus	1	00:59:05	00:52:41	00:50:11	2:41:57
W 40	TSV Hagen 1860	Monika Rasche	2	00:58:49	00:56:05	00:53:48	2:48:42
W 40	LG Hagen-Potsdam	Andrea Lüling	3	01:00:17	01:02:18	00:59:02	3:01:37
W 40	LG Hagen-Potsdam	Frauke Lehn vom	4	01:06:05	01:02:18	00:59:02	3:07:26
W 45	TV Hasperbach 1898 e.V.	Birgit Koolbergen	1	00:53:19	00:49:01	00:48:11	2:30:31
W 45	TuS Breckerfeld	Anette Diziela	2	00:53:37	00:52:19	00:50:35	2:36:31
W 45	TuS Ende	Christiane Seubert	3	01:01:15	00:58:18	00:54:45	2:54:18
W 45	TGH Wetter	Hildebrandt-Billig, Claudia	-	00:58:20			-
W 50	Triathlon Witten	Anne Heibing	1	00:47:13	00:44:55	00:43:39	2:15:47
W 50	TuS Ende	Heike Stich	2	00:47:06	00:45:52	00:44:47	2:17:45
W 50	TSV 1863 Herdecke	Ira Lüning	3	00:52:11	00:50:09	00:45:22	2:27:42
W 55	Lauftreff Hohenlimburg	Angelika Braun-Nott	1	00:52:53	00:50:32	00:49:36	2:33:01
W 55	TuS Breckerfeld	Hildegard Bullert	2	01:03:09	01:01:04	01:00:11	3:04:24
W 60	TG Voerde	Ingrid Heimhardt	1	00:54:00	00:52:14	00:49:45	2:35:59
W 60	LT Hagen-Erst	Ingrid Graf	2	01:06:03	01:06:48	01:01:31	3:14:22
W JA	TV Wattenscheid	Jessica Meyer	1	00:46:50	00:41:15	00:38:55	2:07:00
W JA	Rumeler TV	Sonja Beba	-	00:47:37	00:46:08		-
W JB	TSV 1863 Herdecke	Borner, Linda	-	00:50:58			-